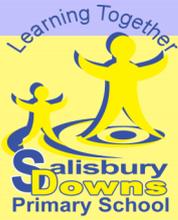


Salisbury Downs Primary School



Courage Good Manners

n Persistence Tolerance



Newsletter No. 4 Term 2 Week 02 Date of Issue: Friday 7th May 2021



PRINCIPAL'S REPORT

Well term 2 is upon us and is one that is full of a variety of different things.

NAPLAN begins this week, with almost every part now online for the students to complete.

Only the year 3 writing assessment is paper based.

This is held over a two week period and gives our staff some feedback on the different aspects of teaching and learning the students are exposed to.

We will be hosting pre-service teachers in both their first and third year.

The staff at SDPS strongly believe in supporting our up and coming teachers so that our schools have quality staff for all of the future students in schools.

Photo day will be in week 8 and information regarding this will be coming to you shortly.

We will be continuing teacher learning in literacy on Monday 24th May (week 5) with a student free day where we will host Stephen Graham for a day on Modelled Reading. On the same day works will begin on the new staff room in the Orange Unit as a first step toward a new front office.

There will also be a variety of excursions in different year levels throughout the term, so keep an eye on your SeeSaw app for further information.

Staffing

As you already know Scott Mathews has taken a short term position as a Principal Consultant as part of the Local Education Team.

This has had a flow on effect for our school with Travis Renshaw taking on the Deputy position and Kieran Eldridge stepping in as our science teacher.

Also Alex Tuit has taken one of our reception class for this term while Mrs T recovers from recent surgery.

We would like to give a warm SDPS welcome to both Kieran and Alex.



Kieran



Alex

Sports Day

At the end of last term we had another highly successful Sports Day.

The weather was fabulous and the students displayed their sporting skills and school values to make the day one to remember.

A highlight for many was the lengthy battle the year one students had during the tug or war. At one stage we thought that the Guinness Book of Records achievement for the longest battle was going to be broken. Of course this was not the case for staff Vs senior students where once again the staff decimated the year 6/7s easily. Staff have already begun training for next year's event.



Congratulations to the Redbacks, running out winners for 2021.



Self-Soothing

As Naplan approaches this week, many of our students are feeling anxious and nervous and therefore their emotions are high. Children need to be taught to self-soothe so they can deal with their emotions and be able to act on their thinking.

I think it is safe to say that as adults there are times where we have been unable to manage our emotions and have ended up doing things that we have regretted.

Children can on occasions act in a similar way, they can be as scared as adults, be as happy, sad, disappointed, saddened or disgusted and will act on emotions rather than thinking. Therefore we all need to self-regulate to be able to act on our thinking not our emotions when faced with difficult or emotional scenarios.

Wilson McCaskill (author of Children aren't made of China and our Play is the Way Program) writes

Self-regulation or Self-soothing requires being able to generate thoughts capable of calming the emotions that are moving us towards inappropriate actions.

Finding those soothing thoughts can take the form of actual words said to oneself, mental images, music, songs or other mental tricks that divert the onward rush of emotions.

Constructing soothing thoughts is not easy at the best of times and for people who are well practised at falling victims to their emotions, finding ways to keep them in check will be significantly harder.

Some ideas for soothing thoughts for children could be

- Doesn't matter what happens, Mum and Dad always love me
- Be brave
- Courage doesn't mean you don't get scared. It means you don't give in
- Imagine being covered in fairy dust
- Think about the holiday you're going on
- Think about people who have much worse problems than you
- Take a few deep breaths and try again.
-

Self-speak helps children to soothe themselves. It's important that they can do this because hurt, upset and anxiety are part of living. Self-speak and soothing thoughts are calming and allows children to deal with pressure, and then deal with difficult emotions as they arise.

I will leave you with a quote from Wilson McCaskill

'Our feelings are not a passport to act. They must pass through the checkpoint of thinking before being released as actions'

Cheryl Taylor
Wellbeing Co-ordinator



term planner

Term 2 2021

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Apr	PUBLIC HOLIDAY				PUPIL FREE DAY
	26	27	28	29	30
2 May	Hats Off		PARALOWIE HIGH SCHOOL OPEN NIGHT		SAPSASA
	03	04	05	05	Newsletter 07
3 May	Governing Council Meeting	← NAPLAN →			
	10	11	12	13	14
4 May		← NAPLAN →			
	17	18	19	20	21
5 Reconciliation Week May	PUPIL FREE DAY		Green Unit Excursion		SAPSASA
	24	25	26	27	28
6 May/Jun					
	31	01	02	03	Newsletter 04
7 Jun					ACAW DAY
	07	08	09	10	11
8 Jun	PUBLIC HOLIDAY		SCHOOL PHOTO DAY		Yellow Unit Excursion Year 6 PGHS Visit
	14	15	16	17	18
9 Jun	Governing Council				Year 7 PGHS Visit
	21	22	23	24	25
10 Jun/Jul			REPORTS HOME		X FACTOR 2.00 Finish
	28	29	30	Newsletter 01	02

Salisbury
Downs
Primary School

Playgroup



Play
Learn Connect
Free to attend.
Bring along a healthy snack!

In the
Orange
Room

Fridays 8.40 - 10.00am
(During school term)

Ages
0-5

For more information call 8258 7560

HIGH SCHOOL PROCESS FOR 2022 HAS BEGUN

The Statewide Transition Portal (High School transition portal) is now available for schools to use, and registrations of interest (ROI) have been sent to families to apply for their year 6 or 7 child to start secondary school in 2022.

This is a family centred process, so we are ensuring that we are available to help families through the process and answer questions. If you have any questions or would like a hand with this process please talk to our front office staff.

Along with the formal process of selecting a high school. SDPS organised transition visits to Parafield Gardens HS so that all students, wherever they choose to attend PGHS, have an opportunity to experience a high school setting. This happens twice before the end of year and is separated into year levels.

Term 2

Week 8 (18th June) Year 6s

Week 9 (25th June) Year 7s

Term 3

Week 4 (13th Aug) Year 6s

Week 6 (21st Aug) Year 7s

Term 4

The whole of state also has 2 formal transition days to the HS of choice.

All year 6 and 7 student attend their selected high school for orientation visits on the 2nd and 3rd of December (week 8).

In the lead up to this day staff from SDPS meet with the various high schools to talk about the students and to organise extra transition visits if needed.

The COFFEE HUBB

You may have noticed (and enjoyed) an excellent fresh coffee on our Sports Day.



One of our mums has started a coffee van business. If you are involved in a sporting or social club and would like to warm up in this ever increasing chilly weather with a great coffee or hot chocolate, contact Vanessa!



THECOFFEEHUBBSA@GMAIL.COM

PH: 0403 681 881

Coming Events

NAPLAN 11th—21st May

PUPIL FREE DAY - 24TH MAY

Green Unit Excursion—Wednesday 26th May



Salisbury Downs
Primary School

@SalisburyDownsPrimary



Find us on
Facebook



Salisbury Downs Primary
School Autism Awareness
Closed group · 9 members